Beyond Perturbation Theory in Inflation

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Beyond Perturbation Theory in Inflation

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1 Motivations - Beyond PT

- 2 Anharmonic oscillator
- 3 Calculation in Inflation
- 4 Conclusions/Future Directions

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Motivations

• Inflation: $ds^2 = -dt^2 + a^2(t)dx^2$ with $\ddot{a} > 0$

$$S = \int d^4x \sqrt{-g} \left[\frac{M_{\mathrm{Pl}}^2}{2} R + X - V(\phi) + \dots \right]$$

 $X=-(\partial\phi)^2/2.$ The background eq. for $\phi_0(t)$ is $\ddot{\phi}_0+3H\dot{\phi}_0+V'(\phi_0)+\ldots=0$

• de-Sitter space: Flat slicing

$$ds^2 = \frac{1}{H^2\eta^2}(-d\eta^2 + dx^2)$$

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Motivations

• Quantum Fluctuation ζ , ζ -gauge

$$\delta \phi = 0$$
, $h_{ij} = a^2(t) \left[e^{2\zeta} \delta_{ij} + \gamma_{ij} \right]$

• Free action of ζ

$$\mathcal{S} = \int d\eta d^3x rac{1}{2\eta^2 P_\zeta} igg[\zeta'^2 - (\partial_i \zeta)^2 igg]$$

where $P_\zeta \equiv H^2/(2\epsilon M_{
m Pl}^2)$

• Quantization as usual: $\zeta_{k}(\eta) \sim \zeta_{k}^{cl}(\eta) a_{k}^{\dagger} + \zeta_{k}^{cl}(\eta)^{*} a_{-k}$

 \Rightarrow Scale invariant power spectrum

$$\langle \zeta_{m k} \zeta_{m k'}
angle' = rac{P_\zeta}{k^3} \ , \qquad P_\zeta \ \sim 10^{-8}$$

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• Interacting Hamiltonian: In-In formalism (weakly coupling limit)

$$\langle Q(\eta)
angle = \langle 0 | \bar{\mathcal{T}} e^{i \int_{-\infty(1-i\epsilon)}^{\eta} H_{int}^{\prime}(\eta^{\prime}) d\eta^{\prime}} Q^{\prime}(\eta) \mathcal{T} e^{-i \int_{-\infty(1+i\epsilon)}^{\eta} H_{int}^{\prime}(\eta^{\prime\prime}) d\eta^{\prime\prime}} | 0
angle$$

ie-prescription \Rightarrow Bunch-Davies vacuum $|0\rangle$

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• Interacting Hamiltonian: In-In formalism (weakly coupling limit)

$$\langle Q(\eta) \rangle = \langle 0 | \bar{T} e^{i \int_{-\infty}^{\eta} (1-i\epsilon)} H_{int}^{\prime}(\eta') d\eta' Q^{\prime}(\eta) T e^{-i \int_{-\infty}^{\eta} (1+i\epsilon)} H_{int}^{\prime}(\eta'') d\eta'' | 0 \rangle$$

 $i\epsilon$ -prescription \Rightarrow Bunch-Davies vacuum |0
angle

• Example:
$$\mathcal{L} = \frac{1}{2\eta^2 P_{\zeta}} \left[\zeta'^2 - (\partial_i \zeta)^2 \right] + \frac{\lambda}{4! P_{\zeta}^2} \zeta'^4,$$

 $\frac{\langle \zeta \zeta \zeta \rangle}{P_{\zeta}^{3/2}} \sim f_{NL} P_{\zeta}^{1/2} \ll 1, \qquad \frac{\langle \zeta \zeta \zeta \zeta \rangle}{P_{\zeta}^2} \sim g_{NL} P_{\zeta} \sim \lambda \ll 1$

The expansion parameter is just λ

Motivations

• Tails of the distribution



Main Idea

Unlikely events at the tails
$$\|$$

Semi-classical limit ($\hbar
ightarrow 0$)

The wavefunction of the Universe (WFU) $\sim e^{iS/\hbar}$ will be computed semi-classically

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• Primordial black hole formation: occurs around horizon re-entry

The mass fraction of PBH is

$$\beta(M) = \int_{\zeta_c}^{\infty} \mathcal{P}[\hat{\zeta}] d\hat{\zeta} , \qquad \hat{\zeta}(\mathbf{x}) = \int \frac{d^3k}{(2\pi)^3} W(k) \zeta(\mathbf{k}) e^{i\mathbf{k}\cdot\mathbf{x}}$$

 \Rightarrow The formation is sensitive to $\zeta\sim 1$

 $\Rightarrow \text{ The pert. theory is still valid for } f_{NL}\zeta \sim f_{NL} \ll 1$ (Single field slow-roll: $f_{NL} \sim \mathcal{O}(\epsilon, \eta)$, K-Inflation: $f_{NL} \sim (1 - 1/c_s^2)$, $|f_{NL}^{equil}| < 80$)

 \Rightarrow To study PBH formation one needs to go beyond perturbation theory

Analogy in QM: Compute the wavefunction in the Semi-classical limit

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Euclidean Path integral

• From Path integral to the wavefunction of the ground state

$$\langle x_f | e^{-H(\tau_f - \tau_i)/\hbar} | x_i \rangle = \sum_n e^{-E_n(\tau_f - \tau_i)/\hbar} \Psi_n(x_f) \Psi_n^*(x_i)$$
$$\Psi_0(x_f) \Psi_0^*(x_i) e^{-E_0 T/\hbar} = \lim_{T \to \infty} \int_{x(\tau_i) = x_i}^{x(\tau_f) = x_f} \mathcal{D}x(\tau) e^{-S_E[x(\tau)]/\hbar}$$

• Expand $x(\tau) = x_{cl}(\tau) + y(\tau)$

$$\Psi_0(x_f) = N \ e^{-S_E[x_{cl}]/\hbar} \int_{y(\tau_i)=0}^{y(\tau_f)=0} \mathcal{D}y(\tau) e^{-\frac{1}{\hbar} \left(\frac{1}{2} \frac{\delta^2 S}{\delta x^2} y^2 + \frac{1}{3!} \frac{\delta^3 S}{\delta x^3} y^3 + \dots\right)}$$

 $\Psi_0(x_f) \simeq \mathcal{I}[x_f] e^{-S_E[x_{cl}]/\hbar}$

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Anharmonic oscillator

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$$V(x) = \hbar \omega \left[\frac{1}{2} \left(\frac{x}{d}\right)^2 + \lambda \left(\frac{x}{d}\right)^4\right], \quad d \equiv \sqrt{\hbar/m\omega}$$

 \Rightarrow The PT breaks down when $\lambda x_f^2/d^2 \equiv \bar{x}^2/2 \sim 1$

- In Euclidean space, $\mathcal{L} = \frac{1}{2}m\dot{x}^2 + V(x)$
- Real path connecting $x(\tau_i) = x_i$ and $x(\tau_f) = x_f$
- For $T = \tau_f \tau_i \rightarrow \infty \Rightarrow E = 0$

 \Rightarrow The real path with infinite amount of times is the one with zero energy



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Anharmonic oscillator: Scaling argument

- Recall the wavefunction $\Psi_0(x_f) \simeq \mathcal{I}[x_f] e^{-S_E[x_{cl}]/\hbar}$
- The Euclidean action is

$$S_E[x(\tau)] = \int_{\tau_i}^{\tau_f} d\tau \left\{ \frac{1}{2} m \dot{x}^2 + \hbar \omega \left[\frac{1}{2} \left(\frac{x}{d} \right)^2 + \lambda \left(\frac{x}{d} \right)^4 \right] \right\}$$

Rescaling $x
ightarrow (\sqrt{\hbar/\lambda}) x$, then

$$rac{S_E[x_{
m cl}(au)]}{\hbar} \sim rac{1}{\lambda} F(\lambda x_f^2/d^2)$$

- The prefactor of $\mathcal{I}[x_f]$ goes as $\lambda^0 G(\lambda x_f^2/d^2) \Leftrightarrow 1$ -loop diagrams
- Neglect the higher-order in $\lambda \Leftrightarrow$ higher-loop diagrams

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Anharmonic oscillator: Ground-state wavefunction

• The on-shell action with zero energy

$$\frac{S_{E}[x_{cl}(\tau)]}{\hbar} = \frac{1}{\hbar} \int_{\tau_{i}}^{\tau_{f}} d\tau \ m\dot{x}^{2}$$

$$= \frac{1}{6\lambda} \left[(1 + \bar{x}^{2})^{3/2} - 1 \right]$$

$$\mathcal{I}(x_{f}) = \mathcal{N}_{\sqrt{\frac{m}{2\pi i \hbar v_{i} v_{f}} \int_{0}^{x_{f}} \frac{dx'}{\sqrt{3(x')}}}, \quad \bar{x}^{2} \equiv 2\lambda x_{f}^{2}/d^{2}}$$

$$x(\tau) = -\frac{d}{\sqrt{2\lambda} \sinh(\omega\tau)}$$

$$\exp\left\{ -\frac{1}{\tau_{i}} \left[(1 + \bar{x}^{2})^{3/2} - 1 \right] \right\} \left((1 + \bar{x}^{2})^{3/2} - 1 \right] \right\}$$

$$\Psi_{0}(x_{f}) = \mathcal{N}\frac{\exp\left\{-\frac{1}{6\lambda}\left[(1+x^{2})^{1/2}-1\right]\right\}}{(1+\bar{x}^{2})^{1/4}(1+\sqrt{1+\bar{x}^{2}})^{1/2}}\left(1+\mathcal{O}(\lambda)f(\bar{x})\right)$$

This is valid for arbitrary \bar{x} .

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Free theory

- The wavefunction of the Universe $\Psi[\zeta_0(\mathbf{x})] = \int_{BD}^{\zeta_0(\mathbf{x})} \mathcal{D}\zeta \ e^{iS[\zeta]/\hbar}$
- The free saddle point is (Maldacena 02)

$$\zeta_{\mathbf{k}}^{cl}(\eta) = \zeta_{\mathbf{k}}^{0} \frac{(1 - ik\eta)e^{ik\eta}}{(1 - ik\eta_{f})e^{ik\eta_{f}}}$$

 \Rightarrow *i* ϵ -prescrip. selects the correct BC at early times

$$iS[\zeta_{cl}] = i \int_{\boldsymbol{k}} \frac{1}{2P_{\zeta}\eta_{f}^{2}} \zeta_{-\boldsymbol{k}}^{cl} \partial_{\eta} \zeta_{\boldsymbol{k}}^{cl} \Big|_{\eta=\eta_{f}} = \int_{\boldsymbol{k}} \frac{1}{2P_{\zeta}} \left(\frac{ik^{2}}{\eta_{f}} - k^{3} + \dots \right) \zeta_{-\boldsymbol{k}}^{0} \zeta_{\boldsymbol{k}}^{0}$$

 $\int_{\mathbf{k}} = \int d^3k/(2\pi)^3$

 \Rightarrow The WFU is a Gaussian distribution

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Interacting theory

• In perturbation theory, the WFU can be expanded as

$$\begin{split} \Psi &= \exp\left[\frac{1}{2}\int d^3x d^3y \langle \mathcal{O}(\boldsymbol{x})\mathcal{O}(\boldsymbol{y})\rangle \zeta(\boldsymbol{x})\zeta(\boldsymbol{y}) \\ &+ \frac{1}{6}\int d^3x d^3y d^3z \langle \mathcal{O}(\boldsymbol{x})\mathcal{O}(\boldsymbol{y})\mathcal{O}(\boldsymbol{z})\rangle \zeta(\boldsymbol{x})\zeta(\boldsymbol{y})\zeta(\boldsymbol{z}) + \dots\right] \end{split}$$

 \Rightarrow The on-shell action amounts to computing tree-level Witten diagrams



Cosmological correlators:

$$\langle \zeta_{\mathbf{k}} \zeta_{-\mathbf{k}} \rangle' = \frac{-1}{2Re \langle \mathcal{O}_{\mathbf{k}} \mathcal{O}_{-\mathbf{k}} \rangle'}$$

$$\langle \zeta_{\mathbf{k}_{1}} \zeta_{\mathbf{k}_{2}} \zeta_{\mathbf{k}_{3}} \rangle' = \frac{2Re \langle \mathcal{O}_{\mathbf{k}_{1}} \mathcal{O}_{\mathbf{k}_{2}} \mathcal{O}_{\mathbf{k}_{3}} \rangle'}{\Pi_{i} (-2Re \langle \mathcal{O}_{\mathbf{k}_{i}} \mathcal{O}_{-\mathbf{k}_{i}} \rangle')}$$

Non-linear WFU

- Boundary conditions: BD at early times and ζ_0 at late times
- Find the non-linear classical solution to the EoM
- Compute the WFU in the semi-classical limit

 $\Psi[\zeta_0(\mathbf{x})] \sim e^{iS[\zeta_{cl}]/\hbar}$





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EFT of Inflation

• The single coupling ζ'^4 can be justified in EFT of Inflation for large quartic operator (Senatore & Zaldarriaga 11)

$$\mathcal{L}_{EFT} = -M_{\rm Pl}^2 \dot{H} \left(\dot{\pi}^2 - \frac{(\partial_i \pi)^2}{a^2} \right) + M_4^4 (16 \dot{\pi}^4 - 32 \dot{\pi}^3 (\partial_\mu \pi)^2 + \ldots)$$

The coeff. of cubic operators can be set to zero: $M_2^4 (\delta g^{00})^2$, $M_3^4 (\delta g^{00})^3$ • $\pi \to \pi_c$, $\mathcal{O}(\pi_c^{N>4})$ are suppressed by $g_{\rm NL} \sim M_4^4 / (|\dot{H}| M_{\rm Pl}^2) \lesssim 10^6$

$$iS = i \int d^3x d\eta \left\{ \frac{1}{2\eta^2 P_{\zeta}} \left[\zeta'^2 - (\partial_i \zeta)^2 \right] + \frac{\lambda}{4! P_{\zeta}^2} \zeta'^4 \right\}, \quad \zeta = -H\pi_c / \dot{\phi}_0$$

The Euclidean EoM reads

$$-\zeta'' + \frac{2}{\tau}\zeta' - \partial_i^2\zeta - \frac{\lambda}{2P_\zeta}\tau^2\zeta'^2\zeta'' = 0$$

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Scaling argument of $\mathcal{S}[\zeta_{ ext{cl}}]$

- Recall the WFU: $\Psi[\zeta_0(\mathbf{x})] \sim e^{-S_E[\zeta_{cl}]}$
- The Euclidean action $(\eta = -i\tau)$

$$S_E \equiv -\int d^3x d\tau \left\{ \frac{1}{2\tau^2 P_{\zeta}} \left[\zeta'^2 + (\partial_i \zeta)^2 \right] + \frac{\lambda}{4! P_{\zeta}^2} \zeta'^4 \right\}$$

• Rescaling $\zeta \to \zeta/\sqrt{\lambda}$, then

$$S_E[\zeta_{
m cl}] = rac{1}{\lambda} F\left(\lambda \zeta_0^2 / P_\zeta
ight)$$

- The relevant expansion parameter is $\lambda \zeta_0^2/P_\zeta$
- Neglect the prefactor, $\lambda^0 G(\lambda \zeta_0^2/P_{\zeta})$, and the higher orders in λ

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Witten diagrams

• Tree-level graphs, captured by semiclassical method:



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Witten diagrams

• Tree-level graphs, captured by semiclassical method:



• 1-loop graphs, would be captured by the prefactor:

$$\lambda^0 G(\lambda \zeta_0^2) \sim \lambda \zeta_0^2 + \lambda^2 \zeta_0^4 + \lambda^3 \zeta_0^6 + \dots$$



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Approximation using ODE

• The derivative coupling only affects the modes of similar wavelength

$$-\zeta'' + \frac{2}{\eta}\zeta' + H^2\zeta - \frac{\lambda}{2P_{\zeta}}\eta^2\zeta'^2\zeta'' = 0 , \quad \tilde{\lambda} = \lambda\zeta_0^2/P_{\zeta}$$



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Approximation using ODE

 \bullet The rescaling in τ gives the behaviour for large λ

$$\Delta S_{ODE} = -\frac{\zeta_0^2}{P_{\zeta}} \int_{\tau_{\rm i}}^{\tau_{\rm f}} d\tau \left\{ \frac{1}{2\tau^2} \left[\zeta'^2 + H^2(\zeta^2 - 1) \right] + \frac{\tilde{\lambda}}{4!} \zeta'^4 \right\} = \frac{1}{\lambda} F(\tilde{\lambda})$$



Approximation using ODE

• $\Psi_G \sim \exp(-\zeta_0^2/2)$, $\Psi \sim \exp(-\zeta_0^{3/2}/2)$: Ψ is heavier than Ψ_G



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PDE with Gaussian profile

• The Gaussian profile at η_c : $\zeta(r) \sim \zeta_0 e^{-r^2}$



• For small λ , it reduces to perturbative result

PDE with Gaussian profile

• The on-shell action



$$\Delta S_{PDE} \sim rac{1}{\lambda} ilde{\lambda}^{3/4} \Rightarrow \Psi \sim \exp(-\zeta_0^{3/2}/\lambda^{1/4})$$

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Future Directions: Inflation

• Explore PBH formation $\zeta_c \sim 1$, $\mathcal{P}[\zeta_k^0] = |\Psi[\zeta_0]|^2$

$$\mathcal{P}[\zeta_c] = \mathcal{N}^{-1} \int \mathcal{D}[\zeta_k^0] \, \mathcal{P}[\zeta_k^0] \, \Theta(\hat{\zeta}[\zeta_k^0] - \zeta_c)$$

- $\hat{\zeta}[\zeta_{\pmb{k}}^0] = \int_{\pmb{k}} W(k) \zeta_{\pmb{k}}^0 e^{i \pmb{k} \cdot \pmb{x}}$
- Generalize to
 - Different interactions
 - Slow-roll inflation
 - Tensor mode γ_{ij}
- Connection to large number of legs limit (e.g. Badel et al. 20)
- Any implication for AdS/CFT ? Compute the exact Z for given source ?

Two fields in dS

 \bullet Idea: take one field to be on the background and compute the other non-perturbatively

$$\mathcal{S}=\int d\eta d^3xigg[rac{1}{2\eta^2H^2}(\sigma'^2-(\partial_i\sigma)^2)+rac{1}{2\eta^2H^2}(\chi'^2-(\partial_i\chi)^2)-rac{\lambda}{\eta^4H^3}\chi\sigma^2igg]$$

• For $k_\chi \ll k_\sigma$ we have

$$S_{\sigma} = \int d\eta d^3x igg[rac{1}{2\eta^2 H^2} (\sigma'^2 - (\partial_i \sigma)^2) - rac{lpha H^2}{2\eta^4} \sigma^2 igg]$$

where $\alpha \equiv 2\lambda \bar{\chi}/H$. This is just a massive scalar field on dS whose power spectrum at late times is

$$\langle \sigma_{\mathbf{k}} \sigma_{-\mathbf{k}} \rangle' \simeq \frac{H^2}{2k^{3-\frac{2}{3}\alpha}} = \frac{H^2}{2k^{3-\frac{4}{3}\lambda\bar{\chi}/H}}$$

We have resummed all powers in $\lambda \bar{\chi}$

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Two fields in dS

ullet Tree-level diagrams, enhanced by $\bar{\chi}$ and resummed



 \bullet Tree-level exchange diagrams, with fewer powers of $\bar{\chi}$



 \bullet Loop diagrams, subleading in λ



Work in progress: Spatial derivative coupling

• The spatial derivative interaction $(\partial_i \zeta)^4$

$$S = \int d^{3}x d\eta \frac{1}{P_{\zeta}} \left\{ \frac{1}{2\eta^{2}} \left[\zeta'^{2} - (\partial_{i}\zeta)^{2} \right] \pm \frac{\lambda}{4!} (\partial_{i}\zeta)^{4} \right\}$$

- All possible subtleties:
- The + sign \Rightarrow Gradient inst.
- The sign (healthy) \Rightarrow the solution becomes complex for large λ
 - Study QM in *p*-space for $\hat{x}^2 + \hat{x}^4$, $\hat{x} \sim d/dp$, $\Psi(p) \sim e^{i\sigma(p)/\hbar}$

$$\frac{p^2}{2m} + V(-\sigma'(p)) = E , \quad \sigma(p_f) = \int^{p_f} dp \ V^{-1}\left(E - \frac{p^2}{2m}\right)$$

- There are complex saddle points depending on p_f

Work in progress: Two fields model

• Two field model:
$$S = \int d\eta d^3 x \left[\mathcal{L}^0_\sigma + \mathcal{L}^0_\chi - \frac{\lambda}{\Lambda^4} (\partial_i \sigma)^2 (\partial_i \chi)^2 \right]$$

• Treat χ as a background for σ ($\textit{k}_{\chi} \ll \textit{k}_{\sigma})$

$$\sigma_{\mathbf{k}}^{\prime\prime} - \frac{2}{\eta}\sigma_{\mathbf{k}}^{\prime} + (1 + \alpha\eta^2)k^2\sigma_{\mathbf{k}} = 0, \quad \alpha \equiv \frac{2\lambda(\partial_i\bar{\chi})^2H^2}{\Lambda^4}$$

 \bullet The power spectrum of σ is

$$\langle \sigma_{\mathbf{k}} \sigma_{-\mathbf{k}} \rangle' = \frac{\pi}{8k^{3/2} \alpha^{3/4}} \frac{e^{-\pi k/(4\sqrt{\alpha})}}{\left| \Gamma\left(\frac{5}{4} + \frac{ik}{4\sqrt{\alpha}}\right) \right|^2}$$

 \Rightarrow Not analytic around $\alpha=\mathbf{0}$

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Work in progress: Two fields model

 \bullet The result matches with PT for small α

$$\langle \sigma_{\mathbf{k}} \sigma_{-\mathbf{k}} \rangle' = \frac{H^2}{2k^3} \left(1 - \frac{5\lambda(\partial_i \bar{\chi})^2 H^2}{2\Lambda^4 k^2} \right)$$

 \bullet For large α

$$\langle \sigma_{\mathbf{k}} \sigma_{-\mathbf{k}} \rangle' \simeq \frac{H^2}{k^{3/2} \alpha^{3/4}}$$

• The Wavefunction of the Universe is

$$\Psi[\sigma_0] \sim \exp[-\alpha^{3/4}\sigma_0^2]$$

 \Rightarrow This is the WFU of σ in the large background of χ

Backup Dark Energy

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- Universe undergoes accelerating expansion \implies Many models of dark energy (DE) e.g. Quintessence, $\mathcal{P}(X)$, (beyond) Horndeski, etc.
- \bullet Gravitational wave (GW) observations \implies New test of GR and modified gravity theories
- Use GW propagation (LIGO/Virgo) to constrain those DE models

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• One extra scalar field:

$$\begin{aligned} \mathcal{L} &= R - \frac{1}{2}X - V(\phi) & \text{Quintessence} \\ \mathcal{L} &= f(\phi)R - \frac{1}{2}X - V(\phi) & \text{Brans-Dicke} \\ \mathcal{L} &= R - \mathcal{P}(\phi, X) & \text{k-essence} \end{aligned}$$

 $X = g^{\mu\nu} \partial_{\mu} \phi \partial_{\nu} \phi$

Scalar fluctuation: $\phi = \phi_0(t) + \pi(t, \mathbf{x})$ leads to a sound speed c_s

$$X^2 \supset \phi_0^2(t) \dot{\pi}^2 \implies \mathcal{L}_{\pi} \sim \dot{\pi}^2 - c_s^2 (\partial_i \pi)^2$$

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Dark enery models: Scalar-tensor theories

• Most general scalar-tensor theories with 2nd order EoM: (Beyond) Horndeski

$$\begin{split} \mathcal{L}_{2} &= G_{2}(\phi, X) \\ \mathcal{L}_{3} &= G_{3}(\phi, X) \Box \phi \\ \mathcal{L}_{4} &= G_{4}(\phi, X) R - 2G_{4,X}(\phi, X) [(\Box \phi)^{2} - \phi_{\mu\nu} \phi^{\mu\nu}] \\ &- F_{4}(X, \phi) \epsilon^{\mu\nu\rho}{}_{\sigma} \epsilon^{\mu'\nu'\rho'\sigma} \phi_{\mu} \phi_{\mu'} \phi_{\nu\nu'} \phi_{\rho\rho'} \\ \mathcal{L}_{5} &= G_{5}(\phi, X) G_{\mu\nu} \phi^{\mu\nu} + \frac{1}{3} G_{5,X}(\phi, X) [(\Box \phi)^{3} - 3(\Box \phi) \phi_{\mu\nu} \phi^{\mu\nu} + 2\phi_{\mu\nu} \phi^{\sigma\mu} \phi^{\nu}{}_{\sigma}] \\ &- F_{5}(\phi, X) \epsilon^{\mu\nu\rho\sigma} \epsilon^{\mu'\nu'\rho'\sigma'} \phi_{\mu} \phi_{\mu'} \phi_{\nu\nu'} \phi_{\rho\rho'} \phi_{\sigma\sigma'} \end{split}$$

 $\phi_{\mu} \equiv \nabla_{\mu} \phi$

Horndeski 74, Deffayet et al. 11,

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Zumalacárregui and García-Bellido 14, Gleyzes et al. 14
- \bullet The cosmological background $\phi_0(t)$ spontaneously breaks Lorentz invariance
- \bullet Interesting phenomena for tensor perturbation γ_{ij} from second derivatives

For example

$$(\nabla_{\mu}\nabla_{\nu}\phi)^2 \supset \dot{\phi}_0^2 \dot{\gamma}_{ij}^2$$

$$\mathcal{L}_{\gamma} \sim \dot{\gamma}_{ij}^2 - c_T^2 (\partial_l \gamma_{ij})^2$$

Extra scalar field: Lorentz violating medium $\Rightarrow c_T \neq 1$



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EFT of Dark Energy

- Efficient way to study a perturbation around fixed background
- Spontaneously break time diffeomorphism



$$ds^{2} = -N^{2}dt^{2} + h_{ij}(N^{i}dt + dx^{i})(N^{j}dt + dx^{j})$$
$$S = \int d^{4}x \sqrt{-g} \ L[t; N, K_{j}^{i}, {}^{(3)}R, \ldots] \qquad g^{00} = -N^{-2}$$

• The action contains all possible invariances under 3d diffs

Cheung et al. 08, Gubitosi et al. 12, and many others

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EFT of Dark Energy

$$\begin{split} S^{\text{EFT}} &= \int d^4 x \sqrt{-g} \left[\frac{M_*^2}{2} f(t)^{(4)} R - \Lambda(t) - c(t) g^{00} \right. \\ &+ \left. \frac{m_2^2(t)}{2} (\delta g^{00})^2 - \frac{m_3^3(t)}{2} \delta \mathcal{K} \delta g^{00} - \frac{m_4^2(t)}{2} \delta \mathcal{K}_2 + \frac{\tilde{m}_4^2(t)}{2} \delta g^{00} \delta \mathcal{R} \right. \\ &- \left. \frac{m_5^2(t)}{2} \delta g^{00} \delta \mathcal{K}_2 - \frac{m_6(t)}{3} \delta \mathcal{K}_3 - \tilde{m}_6(t) \delta g^{00} \delta \mathcal{G}_2 - \frac{m_7(t)}{3} \delta g^{00} \delta \mathcal{K}_3 \right] \end{split}$$

This term changes the speed of GWs

$$\begin{split} \delta \mathcal{K}_2 &= \delta K^2 - \delta K^{\mu}_{\nu} \delta K^{\nu}_{\mu} \supset \dot{\gamma}^2_{ij}, \qquad \delta K^{\mu}_{\nu} = K^{\mu}_{\nu} - H \delta^{\mu}_{\nu} \\ \delta \mathcal{G}_2 &= \delta K^{\mu}_{\nu}{}^{(3)} R^{\nu}_{\mu} - \delta K^{(3)} R/2 \\ \delta \mathcal{K}_3 &= \delta K^3 - 3 \delta K \delta K^{\mu}_{\nu} \delta K^{\nu}_{\mu} + 2 \delta K^{\nu}_{\mu} \delta K^{\rho}_{\rho} \delta K^{\rho}_{\nu} \end{split}$$



LIGO/Virgo + Fermi/GBM + INTEGRAL 17

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EFT of DE after GW170817 & GRB170817A

• The speed of GWs can be expressed as

$$c_T^2 = 1 - rac{2m_4^2}{M_*^2 f + 2m_4^2}$$

•
$$c_T^2 = 1 \Rightarrow m_4^2 = 0$$

• The EFT action becomes

$$\begin{array}{lll} \mathcal{L}_{c_{T}=1}^{\mathrm{EFT}} &=& \displaystyle \frac{M_{\mathrm{Pl}}^{2}}{2} f(t)^{(4)} R - \Lambda(t) - c(t) g^{00} + \displaystyle \frac{m_{2}^{2}(t)}{2} (\delta g^{00})^{2} - \displaystyle \frac{m_{3}^{3}(t)}{2} \delta \mathcal{K} \delta g^{00} \\ &+& \displaystyle \frac{\tilde{m}_{4}^{2}(t)}{2} \delta g^{00} ({}^{(3)} R - \delta \mathcal{K}_{2}) \end{array}$$

Creminelli and Vernizzi 17, Ezquiaga and Zumalacárregui 17, Baker et al. 17, Sakstein and Jain 17

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Pertubative decay of GWs due to \tilde{m}_4^2 -term

- Spontaneous breaking of Lorentz allows the decay
- \tilde{m}_4^2 : $\delta g^{00}({}^{(3)}R \delta \mathcal{K}_2) \Leftrightarrow$ Beyond Horndeski ($F_4\&F_5$)



• The interaction term:

$$S_{\gamma\pi\pi} = rac{1}{\Lambda_{\star}^3} \int d^4 x \ddot{\gamma}_{ij} \partial_i \pi \partial_j \pi ~,~ \Lambda_{\star}^3 \simeq \sqrt{2} rac{lpha}{lpha_{
m H}} \Lambda_3^3$$

 $lpha_H = 2 \tilde{m}_4^2 / M_{
m Pl}^2, \ \Lambda_3 = (M_{
m Pl} H_0^2)^{1/3}$

• The perturbative decay rate: $\Gamma_{\gamma \to \pi\pi} \simeq \left(\frac{\alpha_{\rm H}}{\Lambda_3^3}\right)^2 \frac{\omega^7 (1-c_s^2)^2}{480\pi c_s^7}$

Creminelli et al. 18

Constraint from no pert. decay

- At LIGO/Virgo, take $\omega \sim \Lambda_3, \; \Lambda_3 \sim 10^{-13} \; {\rm eV}$
- Compare the decay rate with the cosmological distances $\sim H_0^{-1}$

$$rac{\Gamma_{\gamma
ightarrow\pi\pi}}{H_0}\sim 10^{20}lpha_{
m H}^2rac{(1-c_s^2)^2}{480\pi c_s^7}\lesssim 1$$

 $H_0 \sim 10^{-33} \text{ eV}$

 $lpha_{
m H} \lesssim 10^{-10} \implies$ beyond Horndeski is highly constrained

• What if a large occupation number of GWs is taken into account \implies non-perturbative effect, resonant π -production ?

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Recap most general EFT action with $c_T^2 = 1$: $S = S_0 + S_{m_3} + S_{\tilde{m}_4}$

$$S_{0} = \int d^{4}x \sqrt{-g} \left[\frac{M_{\rm Pl}^{2}}{2} {}^{(4)}R - \lambda(t) - c(t)g^{00} + \frac{m_{2}^{4}(t)}{2} (\delta g^{00})^{2} \right]$$

$$S_{m_{3}} = -\int d^{4}x \sqrt{-g} \frac{m_{3}^{3}(t)}{2} \delta K \delta g^{00} \quad \text{Cubic Horndeski}$$

$$S_{\tilde{m}_{4}} = \int d^{4}x \sqrt{-g} \frac{\tilde{m}_{4}^{2}(t)}{2} \delta g^{00} \left({}^{(3)}R + \delta K_{\mu}^{\nu} \delta K_{\nu}^{\mu} - \delta K^{2} \right)$$

Quartic beyond Horndeski

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 $\delta g^{00} = 1 + g^{00}, \delta K^{\mu}_{\nu} = K^{\mu}_{\nu} - H \delta^{\mu}_{\nu}$

Classification of instabilities

•
$$\mathcal{L}_0 + \mathcal{L}_{\tilde{m}_4} = \frac{1}{2}\dot{\gamma}_{ij}^2 - \frac{1}{2}(\partial_k\gamma_{ij})^2 + \frac{1}{2}\dot{\pi}^2 - \frac{c_s^2}{2}(\partial_i\pi)^2 + \frac{1}{\Lambda_*^3}\ddot{\gamma}_{ij}\partial_i\pi\partial_j\pi$$

- Treat GW as a classical background: $\gamma_{ij} = M_{\rm Pl} h_0^+ \sin(\omega(t-z)) \epsilon_{ii}^+$
- The EoM of π reads

$$\ddot{\pi} - c_s^2 \nabla^2 \pi - c_s^2 \beta \sin[\omega(t-z)] (\partial_x^2 - \partial_y^2) \pi = 0$$

where

$$eta \equiv rac{2\omega^2 M_{
m Pl} h_0^+}{c_s^2 |\Lambda_\star^3|} \ , \ \ \Lambda_\star^3 \simeq rac{\Lambda_3^3}{lpha_{
m H} c_s^2}$$

- $\beta < 1$: Resonant instability
- $\beta > 1$: Gradient instability

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Resonant decay of GWs

• EoM of π for \tilde{m}_4^2 -operator

$$\ddot{\pi} - c_s^2 \partial^2 \pi - \beta \sin(\omega(t-z))(\partial_x^2 - \partial_y^2)\pi = 0$$

• Light-cone coord.

$$rac{\mathrm{d}^2 f}{\mathrm{d} au^2} + [A - 2q\cos(2 au)]f = 0$$

 $\pi(u, ilde{x}) \sim \int e^{i ilde{p}\cdot ilde{x}} f_{ ilde{p}}(u) \hat{a}_{ ilde{p}} + \mathrm{h.c.}$

• $f_p \sim e^{\mu_k \tau}$, $\mu \sim \beta < 1$ (Narrow resonance)



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Resonant decay of GWs

• In Fourier space f_p satisfies the Mathieu eq.

$$\frac{\mathrm{d}^2 f}{\mathrm{d}\tau^2} + [A - 2q\cos(2\tau)]f = 0$$

- $f_p \sim e^{\mu_k \tau}$
- the exponent $\mu \sim \beta$ for $\beta < 1$ (Narrow resonance)
- \bullet Need \sim 700 cycles to reach $\rho_{\pi}\sim\rho_{\gamma}$



For \tilde{m}_4^2 -operator: $\ddot{\gamma}_{ij}\partial_i\pi\partial_j\pi$

- EoM of γ $\ddot{\gamma}_{ij} - \nabla^2 \gamma_{ij} - \frac{2}{\Lambda_\star^3} \Lambda_{ij,kl} \partial_t^2 \left(\partial_k \pi \partial_l \pi \right) = 0$
- Write $\gamma_{ij} \equiv \bar{\gamma}_{ij} + \Delta \gamma_{ij}$

$$\Delta \gamma_{ij}(u, v) = -\frac{v}{4\Lambda_{\star}^3} \partial_u J_{ij}(u) \quad , \quad J_{ij}(u) \equiv \Lambda_{ij,kl} \partial_k \pi \partial_l \pi$$

 \bullet Expand $\pi \sim {\it f_p} \sim e^{\mu \tau},$ use the saddle-point approx. $(\tau \gg 1)$

$$\Delta \gamma(u, v)_{ij} \simeq -\frac{v}{4\Lambda_\star^3} \frac{(1-c_s^2)^2}{c_s^5 \sqrt{\beta}} \frac{\omega^{7/2}}{(8u\pi)^{3/2}} \exp\left(\frac{\beta}{4}\omega u\right) \epsilon_{ij}^+$$

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- Modification of GWs signal: $\Delta \gamma_{ij} \sim -A \exp(\beta \omega u/4) \epsilon^+_{ij}$
- Effect of G_4 (Quartic Galileon), $\Lambda_c^6 \sim \Lambda_3^6/(\alpha_{\rm H} c_s^4)$ for $m_3^3 = 0$

$$G_4 = \frac{1}{\Lambda_c^6} (\partial \pi)^2 [(\Box \pi)^2 - \pi_{\mu\nu} \pi^{\mu\nu}] \sim \frac{1}{\Lambda_\star^3} \ddot{\gamma}_{ij} \partial_i \pi \partial_j \pi$$

We obtain

$$rac{\Delta\gamma}{ar\gamma}\lesssim (eta N_{
m cyc})^{3/2}(extsf{rH}_0)^2\equiv \left(rac{\Delta\gamma}{ar\gamma}
ight)_{
m NL}$$

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Observational signature for \tilde{m}_4

- \bullet For a binary system ($\textit{M}_{c}, f, r)$: $\textit{h}_{0}^{+} \sim 10^{-3}/(\textit{fN}_{\rm cyc}r)$
- Sizeable effect in GW waveform requires $\exp(eta\omega u/4)\sim \mathcal{O}(10^2)$

$$\frac{\Delta\gamma}{\bar{\gamma}} > 0.1 \quad \Rightarrow \quad \alpha_{\rm H} \gtrsim 10^{-17} \cdot rH_0 \cdot \frac{\Lambda_3}{2\pi f} \alpha c_s^2$$

• Our calculation is valid when $\beta < 1$

$$lpha_{
m H} \lesssim rac{H_0}{f} \cdot N_{
m cyc} \cdot rH_0 \ , \ N_{
m cyc} \sim (GM_c f)^{-5/3}$$

 \bullet To neglect effect of NL, demands $(\Delta\gamma/\bar{\gamma})_{\textit{NL}}>0.1$

$$lpha_{
m H}\gtrsim rac{H_0}{f}(extsf{r} extsf{H}_0)^{1/3}$$

Observational signature for \tilde{m}_4



 $f = 30 \text{ Hz}, M_c = 1.2 M_{\odot}$ GW170817, 40 Mpc $(\text{rH}_0 \sim 5 \cdot 10^{-3})$

perturbative bound: $\alpha_{\rm H} \lesssim 10^{-10}$

December 10th, 2021

What about the resonant effect from m_3^3 -term ?

• One can run the same procedure with $m_3^3 \delta K \delta g^{00}$

$$m_3^3 \delta K \delta g^{00} \supset \frac{1}{\Lambda^2} \dot{\gamma}_{ij} \partial_i \pi \partial_j \pi , \quad \Lambda^2 \simeq - \frac{\alpha \Lambda_2^2}{\sqrt{2} \alpha_{\rm B}}$$

 $\alpha_{\rm B} \equiv -m_3^3/(2M_{\rm Pl}^2H), \ \beta = 2\omega M_{\rm Pl} h_0^+/(c_s^2|\Lambda^2|), \ \Lambda_2 \sim 10^{-3} \ {\rm eV}$

• Once the resonance happens ($\beta < 1$), the cubic self-interaction quickly becomes important

$$G_3 \sim \frac{1}{\Lambda_{\rm B}^3} \Box \pi \left(\partial_i \pi \right)^2 , \quad \Lambda_{\rm B}^3 \sim \alpha_{\rm B}^{-1} \Lambda_3^3$$

• No sizable effect on GWs signal: $\Delta\gamma/\bar{\gamma}\ll1\Rightarrow$ Need to study $\beta>1$

Gradient/Ghost instabilities ($\beta > 1$)

• Let's consider

$$\mathcal{L}_{\pi} = \frac{1}{2} \left[\dot{\pi}^2 - c_s^2 (\partial_i \pi)^2 \right] + \frac{1}{\Lambda^2} \dot{\gamma}_{ij} \partial_i \pi \partial_j \pi + \dots$$
$$= \frac{1}{2} \dot{\pi}^2 - \frac{c_s^2}{2} (1 - \beta) (\partial_i \pi)^2 + \text{NL self-couplings} + \text{Source terms}$$

Generally, this leads to the gradient instability of π .

- Can the non-linearity quench the instability ?
- \bullet Study the stability at NL level with the bg. of π induced by GWs

 \bullet Consider a generic Lagrangian for π

$$\mathcal{L}_{\pi} \xrightarrow{\pi = \hat{\pi} + \delta \pi} \mathcal{L}_{\delta \pi} = Z^{\mu
u}(x) \, \partial_{\mu} \delta \pi \partial_{
u} \delta \pi$$

- Free of instability \Rightarrow Conditions on $Z^{\mu
 u}$
- Absence of ghost: $Z^{00} > 0$
- Absence of gradient: $Z^{0i}Z^{0j} Z^{ij}Z^{00}$ positive definite
- \bullet Cubic Galileon w/o GWs: no ghost/gradient inst. for non-relativistic source (Nicolis and Rattazzi 04)

Instability in the presence of GWs

 \bullet The Lagrangian for π now is

$$\mathcal{L} = -rac{1}{2}ar\eta^{\mu
u}\partial_\mu\pi\partial_
u\pi - rac{1}{\Lambda_{
m B}^3}\Box\pi(\partial\pi)^2 + rac{1}{\Lambda^2}\dot\gamma_{ij}\partial_i\pi\partial_j\pi + rac{\Lambda_{
m B}^3}{2\Lambda^4}\pi\dot\gamma_{ij}^2$$

 $ar\eta_{\mu
u}\equiv {\sf diag}(-1,c_s^2,c_s^2,c_s^2)$, The parameter $eta\sim\dot\gamma_{ij}/\Lambda^2>1$

• $\pi = \hat{\pi} + \delta \pi$. The kinetic matrix $Z^{\mu\nu}$ for $\delta \pi$ is

$$Z^{\mu
u} \equiv -rac{1}{2}ar\eta^{\mu
u} - 2\left(\mathcal{K}^{\mu
u} - \eta^{\mu
u}\mathcal{K}
ight) + rac{\dot\gamma_{\mu
u}}{\Lambda^2} , \quad \mathcal{K}_{\mu
u} = -rac{1}{\Lambda_{
m B}^3}\partial_\mu\partial_
u\hat\pi$$

• The EoM for $\hat{\pi}$ is

$$\bar{\Box}\hat{\pi} - \frac{2}{\Lambda_{\rm B}^3} \left[(\partial_{\mu}\partial_{\nu}\hat{\pi})^2 - \Box\hat{\pi}^2 \right] - \frac{2}{\Lambda^2} \dot{\gamma}_{\mu\nu} \partial^{\mu} \partial^{\nu}\hat{\pi} - \frac{\Lambda_{\rm B}^3}{2\Lambda^4} \dot{\gamma}_{\mu\nu}^2 = 0$$

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Instability in the presence of GWs with $c_s < 1$

- Assume that $\gamma_{\mu\nu} = \gamma_{\mu\nu}(u)$
- One can solve the EoM for $\hat{\pi}$ analytically

$$\hat{\pi}''(u) = -rac{\Lambda_{
m B}^3\dot{\gamma}_{\mu
u}^2}{2(1-c_s^2)\Lambda^4}$$

• The components of $Z^{\mu
u}$ are

$$Z^{00} = \frac{1}{2} + 2\frac{\hat{\pi}''(u)}{\Lambda_{\rm B}^3}, \quad Z^{03} = Z^{30} = 2\frac{\hat{\pi}''(u)}{\Lambda_{\rm B}^3}, \quad Z^{33} = -\frac{1}{2}c_s^2 + 2\frac{\hat{\pi}''(u)}{\Lambda_{\rm B}^3}$$
$$Z^{11} = -\frac{1}{2}c_s^2 + \frac{\dot{\gamma}^{11}}{\Lambda^2}, \quad Z^{22} = -\frac{1}{2}c_s^2 + \frac{\dot{\gamma}^{22}}{\Lambda^2}$$

Phenomenological consequences

- Free of gradient int.: $Z^{11}, Z^{22} < 0 \Rightarrow \beta < 1$
- Free of ghost int.: $Z^{00} > 0 \Rightarrow \beta^2 < (1 c_s^2)c_s^{-4}$



Fate of the instability

- The instabiliy occurs: the fluctuation grows at rate of the cutoff
- \bullet What happens next to the instability relies on the UV completion, so does the fate of $\gamma_{\mu\nu}$

• $\mathcal{L}_{IR} = \mathcal{P}(X)$ with constant X background \Rightarrow Ghost + gradient inst.

•
$$\mathcal{L}_{UV} = -|\partial \phi|^2 - \lambda (|\phi|^2 - v^2)^2$$

 $\phi = \phi_0 e^{i\pi}, \langle \phi_0 \rangle = v^2 - \frac{\chi}{2\lambda},$
 $X = (\partial \pi)^2$



Ellis, et al. 15

All the modes are stable in the UV theory

- Perturbative/Resonant decays of GWs \Rightarrow a strong bound on quartic beyond Horndeski ($\alpha_{\rm H})$

- Ghost/Gradient instabilities of π in GWs bg. \Rightarrow a bound on Cubic Horndeski ($\alpha_{\rm B})$

-The surviving scalar-tensor theory: $g_{\mu
u}
ightarrow C(\phi,X)g_{\mu
u}$

$$\mathcal{L} = G_2(\phi, X) + C(\phi, X)R + \frac{6C_{,X}(\phi, X)^2}{C(\phi, X)}\phi^{;\mu}\phi_{;\mu\nu}\phi_{;\lambda}\phi^{;\nu\lambda}$$

- Fate of instability relies on the UV completion

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Bound on α_{B} : instability



- Gradient-instability lines, $\beta = 1$, for different value of $\alpha_{\rm B}$ as a function of M_c of the binary system
- \bullet The black lines indicate frequencies $\omega > \Lambda_{\rm UV}$

Bound on $\alpha_{\rm H}$: instability



• Gradient-instability lines, $\beta = 1$, for different value of $\alpha_{\rm H}$ as a function of M_c of the binary system

• $\alpha_{
m H}\gtrsim 10^{-20}$ triggers Gradient-instability

Bound on $\alpha_{\rm H}$: instability

- \bullet The cubic and quartic self-couplings are negligible compared to $\gamma\pi\pi$ term
- Cubic self-interaction

$$\frac{1}{\Lambda_{\star}^{3}}\ddot{\gamma}_{ij}\partial_{i}\pi\partial_{j}\pi\sim\frac{(\partial\pi)^{2}}{\Lambda_{\star}^{3}}\partial^{2}\pi \ \Rightarrow \ \frac{\partial^{2}\hat{\pi}}{\ddot{\gamma}}\sim\beta\frac{H}{\omega}\ll1$$

• Quartic self-interaction

$$\frac{(\partial \pi)^2}{\Lambda_c^6} [(\Box \pi)^2 - (\partial_\mu \partial_\nu \pi)^2] \sim \frac{(\partial \pi)^2}{\Lambda_\star^3} \partial^2 \pi \; \Rightarrow \; \frac{(\partial^2 \hat{\pi})^2 \Lambda_\star^3}{\ddot{\gamma} \Lambda_c^6} \sim \beta^2 h_0^+ \ll 1$$

Note $\Lambda_{\star} \simeq \alpha_{\rm H}^{-1/3} \alpha^{1/3} \Lambda_3$ and $\Lambda_c \simeq \alpha_{\rm H}^{-1/6} \alpha^{1/3} \Lambda_3$

• No stability argument of quartic and quintic Galileons

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Here the Lagrangian is

$$\mathcal{L} = -rac{1}{2}\eta^{\mu
u}\partial_{\mu}\pi\partial_{
u}\pi - rac{1}{\Lambda_{
m B}^3}\Box\pi(\partial\pi)^2 + rac{\pi T}{2M_{
m Pl}}$$

• $\pi = \hat{\pi} + \delta \pi$, the EoM for $\hat{\pi}$ is

$$\mathcal{K} + 2\left(\mathcal{K}_{\mu\nu}\mathcal{K}^{\mu\nu} - \mathcal{K}^2\right) = \frac{T}{2M_{\mathrm{Pl}}\Lambda_{\mathrm{B}}^3}, \quad \mathcal{K}_{\mu\nu} = -\frac{1}{\Lambda_{\mathrm{B}}^3}\partial_{\mu}\partial_{\nu}\hat{\pi}$$

• The kinetic matrix reads: ${\cal L}_{\delta\pi}=Z^{\mu
u}\partial_\mu\delta\pi\partial_
u\delta\pi$

$$Z^{\mu\nu}\equiv-\frac{1}{2}\eta^{\mu\nu}-2\left(\mathcal{K}^{\mu\nu}-\eta^{\mu\nu}\mathcal{K}\right)$$

Nicolis and Rattazzi 04

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December 10th, 2021

• In terms of $Z_{\mu
u}$ the EoM of $\hat{\pi}$ becomes

$$rac{1}{3}Z^2 - (Z_{\mu
u})^2 = rac{1}{3} - rac{T}{M_{
m Pl}\Lambda_{
m R}^3}$$

• For the non-relativistic source $v \ll 1$, the matrix $Z^{\mu\nu}$ is diagonalizable with a Lorentz boost, so that $Z^{\mu}_{\nu} = \text{diag}(z_0, z_1, z_2, z_3)$ and $T \simeq -\rho \leq 0$

• Consider the plane $z_0 = 0$ in z_i -space

$$-rac{1}{3}\left[(z_1-z_2)^2+(z_1-z_3)^2+(z_2-z_3)^2
ight]=rac{1}{3}+rac{
ho}{M_{
m Pl}\Lambda_{
m B}^3}$$

 \Rightarrow A solution crossing the plane doesn't exist

 \Rightarrow The initial stable solution ($Z^{\mu
u}=-\eta^{\mu
u}/2$) remains stable everywhere

Summary of the results

EFT of DE operator	$\frac{1}{2}\tilde{m}_4^2\delta g^{00}\left(^{(3)}\!R+\delta K^\nu_\mu\delta K^\mu_\nu-\delta K^2\right)$	$m_3^3 \delta g^{00} \delta K$
GLPV theories with $c_{\mathcal{T}}=1$	2XB _{4,X}	2 <i>XB</i> _{4,X} , $\dot{\phi}$ <i>XG</i> _{3,X}
$\mathcal{L} = G_2 + G_3 \Box \phi + B_4 R - \frac{4B_{4,X}}{X} (\phi^{;\mu} \phi^{;\nu} \phi_{;\mu\nu} \Box \phi - \phi^{;\mu} \phi_{;\mu\nu} \phi_{;\lambda} \phi^{;\lambda\nu})$	B4	$B_4 + 2HB_4$
Dimensionless function α_i	$\alpha_{ m H}$	$\alpha_{\rm B}$
Perturbative decay ($\Gamma_{\gamma ightarrow \pi \pi}/H_0 > 1$)	$ lpha_{ m H} \gtrsim 10^{-10}$	Irrelevant ($ lpha_{ m B} \gtrsim 10^{10}$)
Narrow resonance $\left(eta < 1, \ eta \omega u > 1 ight)$	$3\times 10^{-20} \lesssim \alpha_{\rm H} \lesssim 10^{-17}$ with LIGO-Virgo	Not applicable
	$10^{-16} \lesssim lpha_{ m H} \lesssim 10^{-10}$ with LISA	(large non-linearities)
Instability ($eta > 1, eta \omega > 1$)	$ lpha_{ m H} \gtrsim 10^{-20}$	$ lpha_{ m B} \gtrsim 10^{-2}$

The surviving scalar-tensor theory: $g_{\mu\nu}
ightarrow C(\phi, X)g_{\mu\nu}$

$$\mathcal{L} = G_2(\phi, X) + C(\phi, X)R + \frac{6C_{,X}(\phi, X)^2}{C(\phi, X)}\phi^{;\mu}\phi_{;\mu\nu}\phi_{;\lambda}\phi^{;\nu\lambda}$$

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- m_3 gives $\dot{\gamma}_{ij}\partial_i\pi\partial_j\pi$, while \tilde{m}_4 gives both $\dot{\gamma}_{ij}\partial_i\pi\partial_j\pi$ and $\ddot{\gamma}_{ij}\partial_i\pi\partial_j\pi$
- One tunes $\alpha_{\rm B}$ and $\alpha_{\rm H}$ such that $\dot{\gamma}_{ij}\partial_i\pi\partial_j\pi$ is absent
- Narrow resonance: the bound on $\alpha_{\rm H}$ remains the same (non-linearities are negligible) and inconclusive for $\alpha_{\rm B}$

• π -Instability: No general stability argument for quartic Galileon even w/o GWs. One expects the operator $\ddot{\gamma}_{ij}\partial_i\pi\partial_j\pi$ will lead to the instability anyway \Rightarrow Bound on $\alpha_{\rm H}$

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• We then put a bound on a combination of m_4 , \tilde{m}_4 and m_5 (the coupling of $\ddot{\gamma}_{ij}\partial_i\pi\partial_j\pi$)

$$\hat{\alpha}_{\mathrm{H}} = \frac{1 + \alpha_{\mathrm{H}} - c_T^2 (1 + \alpha_{\mathrm{V}})}{1 + \alpha_{\mathrm{H}} + c_T^2 (1 + \alpha_{\mathrm{V}})}$$

where $\alpha_V \equiv -2m_5^2/M^2$, $\alpha_H \equiv 2(\tilde{m}_4^2 - m_4^2)/M^2$, $c_T^2 \equiv 1 - 2m_4^2/M^2$ and hat quantities are with $\hat{c}_T^2 = 1$.

- This happens when we don't have bound on c_T^2 such as PTA ($f \sim 10^{-8} {
 m Hz}$ and $M_{
 m c} \sim 10^6 {
 m M}_{\odot}$)
- \Rightarrow Pert. bound not applicable $\hat{lpha}_{
 m H} < 10^{-10} (\Lambda_3/E)^3$, $E \sim 10^{-11} \Lambda_3$
- \Rightarrow Resonant bound $10^{-9} \lesssim \hat{\alpha}_{\rm H} \lesssim 10^{-5}$ is excluded

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Resonant bound: PTA



$$f = 10^{-8} \text{ Hz}, \text{M}_{ ext{c}} = 10^{6} \text{ M}_{\odot}$$

PTA, 25 Mpc (rH $_0 \sim 10^{-3}$)

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Perturbative decay of GWs due to m_3^3 -term

- m_3^3 : $\delta K \delta g^{00} \Leftrightarrow$ Cubic Horndeski G_3
- The interaction term:

$$S_{\gamma\pi\pi} = rac{1}{\Lambda^2} \int d^4 x \dot{\gamma}_{ij} \partial_i \pi \partial_j \pi ~,~\Lambda^2 = -rac{lpha}{\sqrt{2}lpha_{
m B}} \Lambda_2^2$$

 $\alpha_{\rm B}\equiv -m_3^3/2M_{\rm Pl}^2H$

• The perturbative decay rate

$$\Gamma_{\gamma \to \pi\pi} \simeq \left(\frac{\alpha_B}{\Lambda_2^2}\right)^2 \frac{\omega^5 (1-c_s^2)^2}{480\pi c_s^7}$$

 $\Gamma/H_0 \lesssim 1 \Rightarrow |lpha_{
m B}| \lesssim 10^{10}$, $\Lambda_2 \sim 10^{-3}~{
m eV}$

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• Suppose $\hat{\pi}$ is generated by a non-relativistic astrophysical object. The object possibly gives a large kinetic matrix Z for $\delta\pi$ and healthy (shown by Nicolis & Rattazzi) within r_V (~ kpc). One sees that within this region the coupling $\delta\pi T$ is suppressed and GR is recovered at small scales (non-linear).

• Can this happen to the instability induced by GWs ? Suppose again $\hat{\pi}$ is sourced by an astrophysical object. $\delta\pi$ seems to acquire a large Z. The parameter β of $\gamma\pi\pi$ seems to get suppressed due to a large Z and the instability might be stopped by this screening mechanism. But this is not the case for the GWs traveling over the cosmo. distances (\gg the typical r_V) since at large distances one expects the linear perturbation theory is recovered, so that the Vainshtein mechanism is negligible. Hence, the argument of having large Z to suppress the instability is not applicable in the presence of GWs traveling over cosmo. distances and the instability still remains active.

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Instability of plane wave $\hat{\pi}$

- Let $\hat{\pi} = Af(u)$ (consider u-direction)
- $\Box \hat{\pi}(u) = -4 \partial_u \partial_v \hat{\pi}(u) = 0$
- $\partial_t^2 \hat{\pi}(u) = Af''(u), \ \partial_z^2 \hat{\pi}(u) = Af''(u), \ \partial_t \partial_z \hat{\pi}(u) = -Af''(u)$
- Without GWs: $Z^{\mu\nu} \equiv -\frac{1}{2}\eta^{\mu\nu} 2(\mathcal{K}^{\mu\nu} \eta^{\mu\nu}\mathcal{K})$, we have

$$Z^{00} = \frac{1}{2} + 2\frac{Af''(u)}{\Lambda_{\rm B}^3} , \quad Z^{33} = -\frac{1}{2} + 2\frac{Af''(u)}{\Lambda_{\rm B}^3} , \quad Z^{03} = 2\frac{Af''(u)}{\Lambda_{\rm B}^3}$$

 $Z^{11} = Z^{22} = -1/2$

- Ghost: $Z^{00} < 0 \Rightarrow A f'' < -\Lambda_{\rm B}^3/4.$
- No gradient: $Z^{11}, Z^{22} < 0$ and $(Z^{03})^2 Z^{33}Z^{00} = 1/4 > 0$
- Non-diagonalizable $Z^{\mu\nu}$: $2|Z^{03}| = |Z^{00} + Z^{33}|$ (avoid the theorem)

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DGP - Self-accelerating Universe



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DGP - Self-accelerating Universe



- At decoupling limit of DGP \Rightarrow $(\partial \pi)^2 \Box \pi / \Lambda^3$, $\Lambda^3 = M_{\rm Pl} \kappa^2$
- Self-accelerating universe: $H=2M_5^3/M_{\rm Pl}^2$
- The brane bending mode π becomes ghost in self-accelerating branch
- π -instability w/ GWs ? (in progress)

Dvali, Gabadadze and Porrati 2000, Luty et al. 2003 and many others

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DGP - Infrared transparency



- A source $J(x, y) \sim \delta(y) \delta^{(3)}(x) e^{i\omega t}$
- For $r \ll \omega r_c^2$: 4d behaviour

$$G(\omega,r)\sim rac{e^{-i\omega r}}{r}$$

• For $r \gg \omega r_c^2$: 5d behaviour

$$G(\omega,r)\sim rac{r_c\sqrt{\omega}e^{-i\omega r}}{r^{3/2}}$$

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DGP - Infrared transparency



• Similar effect for localized gauge field (Dvali, Gabadadze, and Shifman 2000)

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Backup Inflation

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• Take $M_2 = M_3 = 0$. The operators $\pi^{N>4}$ are suppressed by $g_{\rm NL}$. $\pi \to -\pi$ is an approx. symmetry when $g_{\rm NL} >> 1$. The operators with odd power will then be suppressed by $g_{\rm NL}$.

• Loop corrections to $M_2(\delta g^{00})^2$ and $M_3(\delta g^{00})^3$ also are suppressed by $g_{\rm NL}$ since their leading terms are odd in π .

- What about $(\delta g^{00})^n$?
 - For n odd, these will be suppressed by approx. symmetry

- For *n* even, no suppression \Rightarrow consider all of them or the loop integral can be cut at $\Lambda < \Lambda_U$. At least they are down by $(\Lambda/\Lambda_U)^{\#}$. Otherwise UV completion is needed

•
$$\delta g^{00} = 1 + g^{00}
ightarrow -2\dot{\pi} + (\partial_\mu \pi)^2$$
 under $t
ightarrow t + \pi$

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EFT of Inflation: Large field limit

•
$$\mathcal{L}_{\zeta}$$
 from $(\delta g^{00})^4$: $(\zeta = -H\pi)$

$$S_{\zeta} = \int d^4x \sqrt{-g} \; rac{|\dot{H}| M_{
m Pl}^2}{H^2} \left[(\partial_\mu \zeta)^2 + g_{
m NL} rac{1}{H^2} \dot{\zeta}^4 + g_{
m NL} rac{1}{H^3} \dot{\zeta}^3 (\partial_\mu \zeta)^2 + \ldots
ight]$$

• Comparison with \mathcal{L}_2 :

$$rac{\mathcal{L}_4}{\mathcal{L}_2} \sim g_{
m NL} \zeta^2 \sim 1 \ , \quad rac{\mathcal{L}_5}{\mathcal{L}_2} \sim g_{
m NL} \zeta^3 = g_{
m NL} \zeta^2 \zeta \ll 1$$

for $g_{
m NL}\gg 1$ (Exp. $g_{
m NL}\ll 10^6$).

- \mathcal{L}_5 becomes important $(g_{
 m NL}\zeta^3\sim 1)$ when $g_{
 m NL}\zeta^2\gtrsim g_{
 m NL}^{1/3}$
- If $\zeta \sim 1 \Rightarrow$ all the terms inside each $(\delta g^{00})^n$ are important, e.g. $\mathcal{L}_5/\mathcal{L}_4 \sim \zeta$.

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- They study the evolution of ζ_L outside horizon, compute its PDF using Fokker-Planck eq and treating ζ_S as a quantum noise.
- Instead, our ζ freezes outside horizon (single field inflation). We study non-perturbative effects at horizon crossing (derivative interaction), which are fully quantum-mechanical. Therefore, our non-perturbative result has no direct connection to the stochastic approach
- Some recently papers address this issue (connection between stochastic approach and standard PT), e.g. Cruces and Germani 21, Green et al. 21, Starobinsky et al. 21

PDE with sinusoidal profile

• The Gaussian profile at η_c : $\zeta(r) \sim \zeta_0 \sin(kx)$



• This can be easily checked with perturbation theory

Perturbative check with PDE sine wave

- Perturbative 4-pt: $iS'_{\rm int} = 3\zeta_0^2 \tilde{\lambda} k^3/(8192 P_{\zeta})$
- Numerical: $\Delta S_{PDE}^{\tilde{\lambda}} = -(\Delta S_{PDE} \Delta S_{PDE}^{0})$



December 10th, 2021

• It is not generally true that when the non-linearities become important the EFT we are considering necessarily breaks down

• Take GR in which all the non-linear terms are controlled by diff-invariance but the EFT (GR) is still valid as long as ∂/Λ is small

• It's the same spirit as one considers the Vainshtein mechanism where there is a regime which is dominated by non-linear term, but the EFT is still valid

• The issue of instabilities has to be taken care of separately. We are not saying that all the solutions to the non-linear EoM are healthy (also it depends on the background we are expanding around). The presence of instabilities might signal the need of the UV completion.

- Take $X + X^2$ in which the UV completion is known, but it does not mean that once the non-linearity becomes important the IR theory breaks down
- One can also take the DBI action and work out all the non-linear terms of DBI around $\phi_0(t)$. Again the EFT action is valid even though the non-linearities become important
- Of course the question whether the UV completion exists or not is interesting on its own, but it does not really mean that the EFT breaks down once the non-linear terms are important

Non-linearity \neq Breaking down of EFT

- UV completion of $X + X^2$
- $\mathcal{L}_{IR} = \mathcal{P}(X)$ with constant X background \Rightarrow Ghost + gradient inst. The non-linear terms are contained in X^2
- $\mathcal{L}_{UV} = -|\partial \phi|^2 \lambda (|\phi|^2 v^2)^2 \phi = \phi_0 e^{i\pi}, \langle \phi_0 \rangle = v^2 \frac{X}{2\lambda}, X = -(\partial \pi)^2$
- Around $\phi_0(t)$, $X + \beta X^2$ yields

$$S_{E} = i \int d\eta d^{3}x \frac{1}{P_{\zeta}} \left\{ \frac{1}{2\eta^{2}} [\zeta'^{2} + (\partial_{i}\zeta)^{2}] + \frac{\lambda}{4!} (\partial_{i}\zeta)^{4} + \frac{\lambda c_{s}^{2}}{6\eta} \zeta'(\partial_{i}\zeta)^{2} + \frac{\lambda c_{s}^{4}}{12} \zeta'^{2} (\partial_{i}\zeta)^{2} + \frac{\lambda c_{s}^{4}}{6\eta} \zeta'^{3} + \frac{\lambda c_{s}^{4}}{4!} \zeta'^{4} \right\}$$

No suppression due to small c_s^2 since $c_s^2 = (1 + \beta \dot{\phi}_0^2)/(1 + 3\beta \dot{\phi}_0^2) \in (1/3, 1)$

• The suppression happens for $-X+eta X^2$ for small $c_s^2\in(0,1/3)$

• The Euclidean rotation $\eta \rightarrow iz$ can be easily shown in perturbation theory - order by order of the solution given the source is analytic

$$\zeta(\eta, \mathbf{k}) = K(\eta, \mathbf{k})\zeta_{\mathbf{k}}^{0} + \int_{-\infty(1-i\epsilon)}^{\eta_{c}} \mathrm{d}\eta' \, G(\eta, \eta'; \mathbf{k}) \frac{\delta S_{int}}{\delta \zeta(\eta', \mathbf{k})}$$

 $K(\eta, \mathbf{k})$ is bulk-boundary propagator

$$\mathcal{K}(\eta,oldsymbol{k})=rac{(1-ik\eta)}{(1-ik\eta_c)}e^{ik(\eta-\eta_c)}$$

The bulk-bulk propagator

$$G(\eta, \eta'; \mathbf{k}) = \frac{-iH^2}{2k^3} \left[\phi_+(\eta)\phi_-(\eta') - \frac{\phi_-(\eta_c)}{\phi_+(\eta_c)}\phi_+(\eta')\phi_+(\eta) \right], |\eta| > |\eta'|$$

= $\frac{-iH^2}{2k^3} \left[\phi_+(\eta')\phi_-(\eta) - \frac{\phi_-(\eta_c)}{\phi_+(\eta_c)}\phi_+(\eta')\phi_+(\eta) \right], |\eta| < |\eta'|$

 $\phi_{-}(\eta) \equiv (1 + ik\eta)e^{-ik\eta}$, $\phi_{+}(\eta) \equiv (1 - ik\eta)e^{ik\eta}$

Beyond Perturbation Theory in Inflation

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Euclidean Path-Integral

- Is this the only real solution in Euclidean space ?
 - If yes, the Picard-Lefschetz thimbles \Rightarrow it is the only saddle that contributes to path integral

- If not, there are contributions from complex saddles and one needs to worry about the Stokes phenomenon (the jump in asymptotic behaviour \Rightarrow other saddles can dominate)

• In QM with quartic potential, there is only one real solution (Serone, Spada, and Villadoro 17)

Stokes phenomenon of Airy function

$$Ai(x) \equiv rac{1}{2\pi} \int_{-\infty}^{\infty} dt \ e^{rac{i}{3}t^3 + ixt}$$

- For $x \in \mathcal{R}^+$, two imaginary saddles: $\pm i \sqrt{|x|} \Rightarrow \text{Oscillatory}$
- For $x \in \mathcal{R}^-$, two real saddles: $\pm \sqrt{|x|} \Rightarrow$ Decaying and growing (neglect the growing behaviour)

• Changing from negative to positive the integral is dominated by different saddles (Stokes phenomenon)



Stokes phenomenon of Airy function

• For complex Airy function

$$Ai(z) \sim z^{-1/4} \exp\left(-rac{2}{3}z^{2/3}
ight), \quad Bi(z) \sim z^{-1/4} \exp\left(rac{2}{3}z^{2/3}
ight)$$

- Stokes lines: $Im(z^{2/3}) = 0 \Rightarrow \arg(z) = 0, \pm 2\pi/3$
- Anti-Stokes lines: $Re(z^{2/3}) = 0 \Rightarrow \arg(z) = \pm \pi/3, \pi$
- Ai(z) is subdominant in $-\pi/3 < \arg(z) < \pi/3$, dominant otherwise
- Bi(z) is dominant in $-\pi/3 < \arg(z) < \pi/3$, subdominant otherwise



(Mariño, Pasquetti, and Putrov 10)

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Real time Path-Integral

- Not well-defined because of huge oscillatory behaviour
- \bullet Need to give $i\epsilon$ to have a well-defined integral
 - How many saddle points are there ? All of them contribute to path-integral ?
 - Are they analytic ? If yes, the full rotation to Euclidean can be done
- For real time instanton, the on-shell action with $i\epsilon$ is the same as the on-shell Euclidean action (Cherman and Unsal 14)
- For real time quantum tunneling, the solution with $i\epsilon$ admits poles and zeros in complex t-plane (Turok 14)

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Analytic Continuation beyond PT

• From dS to Euclidean AdS

$$ds^2 = \frac{1}{H^2\eta^2}(-d\eta^2 + dx^2)$$

Perform $\eta \rightarrow iz$ and $H \rightarrow i/L$

$$ds^2 = \frac{L^2}{z^2}(dz^2 + dx^2)$$

• It has been shown that the functional integral can be analytically continued from dS to EAdS once restricted on the analytic functions (Harlow and Stanford 11)