

# **Fate of False Vacuum Revisited**

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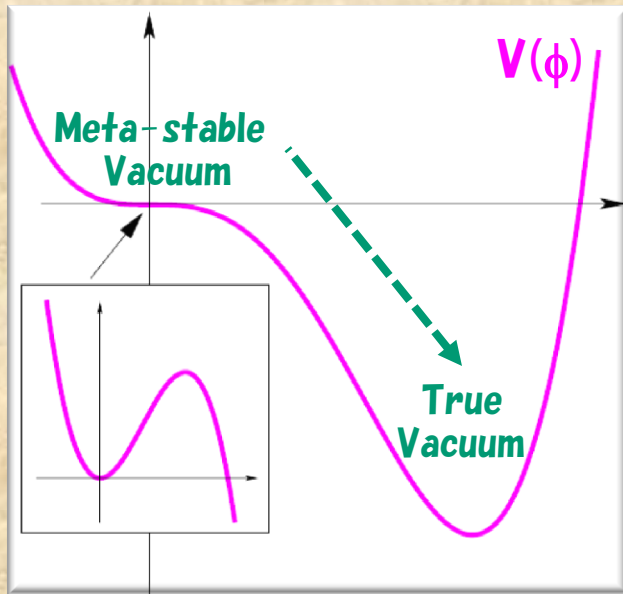
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***When the order parameter has interactions with light particles, the rate of the phase transition may be altered significantly due to the existence of non-local operators.***

# 1. When we are living in a meta-stable vacuum ...



The most important physical quantity is

**Rate of the phase transition  
from false to true vacuum  $\Gamma/V$ !**

The false vacuum should satisfies

$$(\Gamma/V) t_0^4 \ll 1$$

where  $t_0 \sim 10^{10}$  yrs. (Age of Univ.).

## The aim of the talk

When the order parameter couples to light particles,  
how the rate  $\Gamma/V$  is altered due to the interactions?

**1. Corrections to the potential**

**2. Disturbance of the transition  
because of the lost of the coherence.**

We will discuss the **2<sup>nd</sup>** effect (Environment effect)!

## 2. Tunneling rate without Environment

~ The Bounce Method ~

**The Lagrangian**

$$\mathcal{L} = \frac{1}{2} (\partial_\mu \phi) (\partial^\mu \phi) - V(\phi)$$



**The Euclidean action**

$$\mathcal{S}_E[\phi] = \int d^4 x_E \left[ \frac{1}{2} \dot{\phi}^2 + \frac{1}{2} (\nabla \phi)^2 + V(\phi) \right]$$



**Partition Function  $Z$  & The rate  $\Gamma/V$**

$$Z = \int \mathcal{D}\phi e^{-S_E[\phi]}$$

**with**  $\phi(\pm\infty, \vec{x}) = 0$



$$\Gamma/V \propto \text{Im}(\log Z)$$

## 2. Tunneling rate without Environment

~ The Bounce Method ~

How to calculate  $Z$  &  $\Gamma/V$ ?

**Semi-Classical approximation**

1. Find the classical path  $\phi_B$  (Bounce solution)
2. Taking fluctuations around  $\phi_B$  into account.

## 2. Tunneling rate without Environment

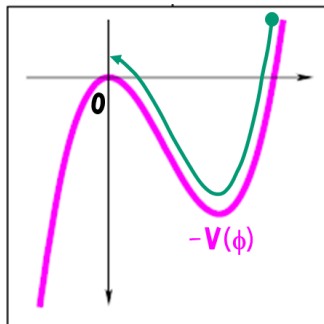
~ The Bounce Method ~

How to calculate  $Z$  &  $\Gamma/V$ ?

Semi-Classical approximation

1. Find the classical path  $\phi_B$  (Bounce solution)
2. Taking fluctuations around  $\phi_B$  into account.

$$-\left(\frac{d^2}{d\tau^2} + \nabla^2\right) \phi_B + V'(\phi_B) = 0 \quad \text{with} \quad \phi(\pm\infty, \vec{x}) = 0$$



**0(4) symmetry**

$$\phi_B = \phi_B(r)$$
$$r = \sqrt{\tau^2 + |\vec{x}|^2}$$

$$-\left(\frac{d^2}{dr^2} + \frac{3}{r} \frac{d}{dr}\right) \phi_B + V'(\phi_B) = 0 \quad \text{with} \quad \lim_{r \rightarrow \infty} \phi_B(r) = 0$$
$$\dot{\phi}_B(0) = 0$$



## 2. Tunneling rate without Environment

~ The Bounce Method ~

How to calculate  $Z$  &  $\Gamma/V$ ?

Semi-Classical approximation

1. Find the classical path  $\phi_B$  (Bounce solution)
2. Taking fluctuations around  $\phi_B$  into account.

We will find 4 zero modes & 1 negative mode.

Zero modes: Corresponding to Location of the bounce solution  $\rightarrow VT$

Negative mode: Corresponding to Instability due to Tunneling  $\rightarrow \text{Im. Part}$

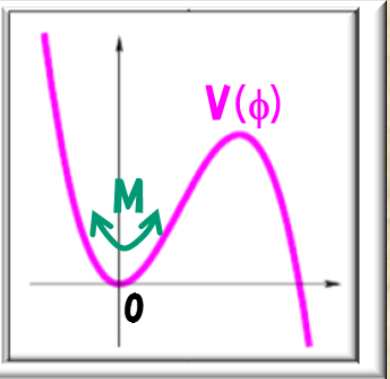
$$\Gamma/V \simeq K \exp(-S_E[\phi_B])$$


$$K = \frac{S_E[\phi_B]^2}{4\pi^2} \sqrt{\left| \frac{\det[-\partial_\mu \partial_\mu + V''(0)]}{\det'[-\partial_\mu \partial_\mu + V''(\phi_B)]} \right|}$$

### 3. Possible Effect from Environment

$$\mathcal{L} = \frac{1}{2} (\partial\phi)^2 - V(\phi) + \mathcal{L}_{\text{Env}} + \mathcal{L}_c \leftarrow \text{Counter terms (On-Shell cond.)}$$

$$\textbf{(Case S)} \quad \mathcal{L}_{\text{env}}^{(S)} = \sum_{i=1}^N [|\partial S_i|^2 - m_S^2 |S_i|^2 - y_S M \phi |S_i|^2]$$





$$S^{(\text{eff})}[\phi] \equiv -i \ln \left( \int \mathcal{D}S \mathcal{D}S^* e^{i\mathcal{S}[\phi, S, S^*]} \right)$$

$$\mathcal{S}^{(\text{eff})}[\phi] = \int d^4x \left[ \frac{1}{2}(\partial\phi)^2 - V(\phi) \right] + \frac{N}{2} \int d^4x d^4y \, \phi(x) \underbrace{F(x-y)}_{\text{Feynman}} \phi(y) + \mathcal{O}(N \phi^3)$$

Diagram of a beam with a uniformly distributed load (UDL) of 2 kN/m and a reaction force of 4 kN at the left support. The beam is labeled "FT".

$$\tilde{F}(p^2) = iy_S^2 M^2 \int \frac{d^4 k}{(2\pi)^4} \frac{i}{k^2 - m_S^2} \frac{i}{(p-k)^2 - m_S^2} = \phi \text{---} \overset{\textbf{S}}{\circlearrowleft} \text{---} \phi$$

**It has a imaginary (absorptive) part when  $M > 2m_s$ , which will disturb the phase transition (Tunneling)!**

## 4. Tunneling with Environment

$$\mathcal{L} = \frac{1}{2} (\partial\phi)^2 - V(\phi) + \mathcal{L}_{\text{Env}} + \mathcal{L}_c$$

**(Case S)**  $\mathcal{L}_{\text{env}}^{(S)} = \sum_{i=1}^N [|\partial S_i|^2 - m_S^2 |S_i|^2 - y_S M \phi |S_i|^2]$

**(Case F)**  $\mathcal{L}_{\text{env}}^{(F)} = \sum_{i=1}^N [\bar{F}_i (i\partial - m_F) F_i - y_F \phi \bar{F}_i F_i]$



$$Z = \int \mathcal{D}\phi \mathcal{D}S \mathcal{D}S^* e^{-\mathcal{S}_{\text{E}}[\phi, S, S^*]} = \int \mathcal{D}\phi e^{-\mathcal{S}_{\text{E}}^{(\text{eff})}[\phi]}$$

**Integrating S & S\* fields out!**

$$\begin{aligned} \mathcal{S}_{\text{E}}^{(\text{eff})}[\phi] = & \int d^4x_{\text{E}} \left[ \frac{1}{2} \dot{\phi}^2 + \frac{1}{2} (\nabla\phi)^2 + V(\phi) \right] + \int d^4x_{\text{E}} \left[ \frac{\delta Z_{\phi}}{2} \dot{\phi}^2 + \frac{\delta Z_{\phi}}{2} (\nabla\phi)^2 + \frac{\delta M^2}{2} \phi^2 \right] \\ & + \frac{1}{2} \int d^4x_{\text{E}} d^4y_{\text{E}} \phi(x_{\text{E}}) f_0(x_{\text{E}} - y_{\text{E}}) \phi(y_{\text{E}}) + \mathcal{O}(N \cancel{g^3} \phi^3) \end{aligned}$$



## 4. Tunneling with Environment

$$\mathcal{S}_E^{(\text{eff})}[\phi] = \int d^4x_E \left[ \frac{1}{2} \dot{\phi}^2 + \frac{1}{2} (\nabla \phi)^2 + V(\phi) \right] + \int d^4x_E \left[ \frac{\delta Z_\phi}{2} \dot{\phi}^2 + \frac{\delta Z_\phi}{2} (\nabla \phi)^2 + \frac{\delta M^2}{2} \phi^2 \right] \\ + \frac{1}{2} \int d^4x_E d^4y_E \phi(x_E) \underbrace{f_0(x_E - y_E)}_{y^3} \phi(y_E) + \mathcal{O}(N \cancel{g^3} \phi^3)$$

$$f_0(x_E) = \int \frac{d^4p}{(2\pi)^4} \tilde{f}_0(p^2) e^{-ip \cdot x_E} = \int \frac{d^4p}{(2\pi)^4} \tilde{f}_0(0) e^{-ip \cdot x_E} + \int \frac{d^4p}{(2\pi)^4} \left\{ \tilde{f}_0(p^2) - \tilde{f}_0(0) \right\} e^{-ip \cdot x_E} \\ \parallel \\ \tilde{f}_0(0) \delta^{(4)}(x_E)$$



$$\mathcal{S}_E^{(\text{eff})}[\phi] = \int d^4x_E \left[ \frac{1}{2} \dot{\phi}^2 + \frac{1}{2} (\nabla \phi)^2 + V(\phi) \right] + \frac{1}{2} \int d^4x_E d^4y_E \phi(x_E) f(x_E - y_E) \phi(y_E) \\ f(x_E) = \int \frac{d^4p}{(2\pi)^4} \left\{ \tilde{f}_0(p^2) - \tilde{f}_0(0) + \delta Z_\phi p^2 \right\} e^{-ip \cdot x_E} \equiv \int \frac{d^4p}{(2\pi)^4} \tilde{f}(p^2) e^{-ip \cdot x_E}$$

**If  $\phi$  is constant, the term involving  $f(x_E)$  vanishes!**

## 4. Tunneling with Environment

$$\mathcal{S}_E^{(\text{eff})}[\phi] = \int d^4x_E \left[ \frac{1}{2} \dot{\phi}^2 + \frac{1}{2} (\nabla \phi)^2 + V(\phi) \right] + \frac{1}{2} \int d^4x_E d^4y_E \phi(x_E) f(x_E - y_E) \phi(y_E)$$

$$f(x_E) = \int \frac{d^4p}{(2\pi^4)} \tilde{f}(p^2) e^{-ip \cdot x_E} = \int \frac{d^4p}{(2\pi^4)} \left[ \int_{2m}^{\infty} d\omega \frac{p^2 r(\omega)}{\omega^2 (\omega^2 + p^2)} + p^2 \delta Z_\phi \right] e^{-ip \cdot x_E}$$

**(Case S)**  $r_S(\omega) = N \frac{y_S^2}{8\pi^2} M^2 (\omega^2 - 4m_S^2)^{1/2}$

**(Case F)**  $r_F(\omega) = N \frac{y_F^2}{4\pi^2} (\omega^2 - 4m_F^2)^{3/2}$

**The EOM for the  $O(4)$  symmetric bounce solution is**

$$-\left( \frac{d^2}{dr^2} + \frac{3}{r} \frac{d}{dr} \right) \phi_B + V'(\phi_B) + \int dr' \int dp \frac{pr'^2 J_1(pr) J_1(pr')}{r} \tilde{f}(p^2) \phi_B(r') = 0$$

$$\Gamma/V \propto \exp \left[ \mathcal{S}_E^{(\text{eff})}[\phi_B] \right]$$

## 5. Environment Effect on Tunneling

$$-\left(\frac{d^2}{dr^2} + \frac{3}{r} \frac{d}{dr}\right) \phi_B + V'(\phi_B) + \int dr' \int dp \frac{pr'^2 J_1(pr) J_1(pr')}{r} \tilde{f}(p^2) \phi_B(r') = 0$$

$$\phi_B(r) = \int_0^\infty dp \frac{p}{r} J_1(pr) \tilde{\phi}_B(p) \longleftrightarrow \tilde{\phi}_B(p) = \int_0^\infty dr r^2 J_1(pr) \phi_B(r)$$

**This transformation satisfies the boundary conditions of  $\phi_B(r)$ . We also assume the potential is approximated by the cubic form,**  

$$V(\phi) = (1/2)M^2\phi^2(1 - \phi/\phi_0)$$

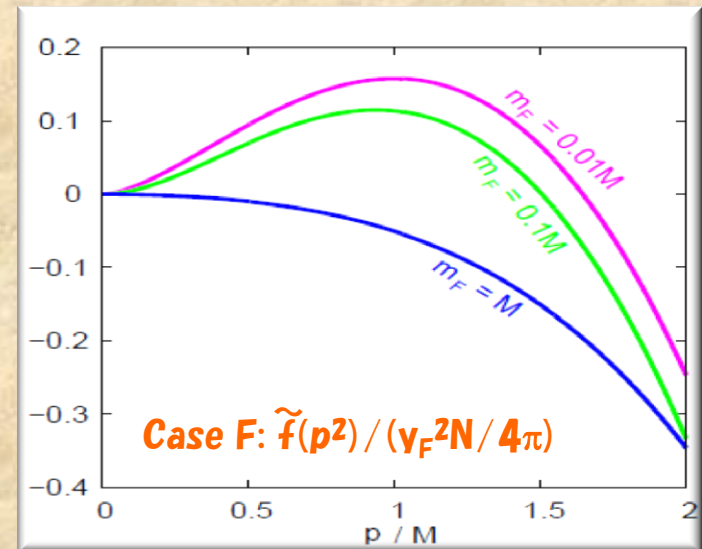
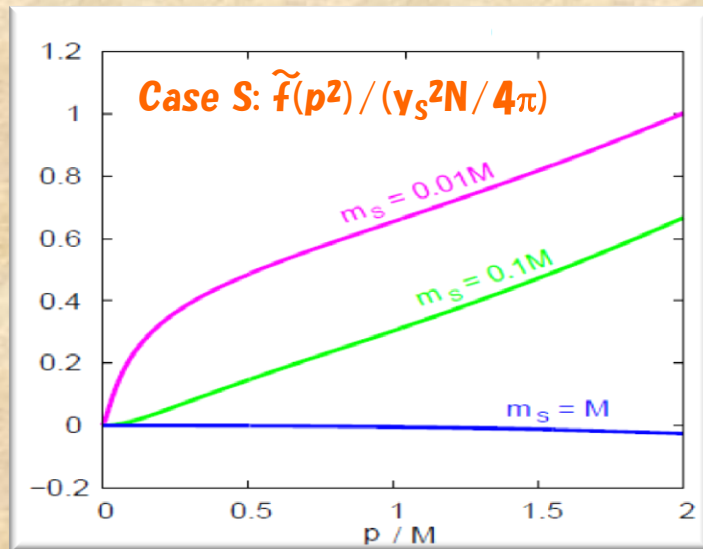
$$\left[p^2 + M^2 + \tilde{f}(p^2)\right] \tilde{\phi}_B(p) = \frac{3M^2}{\pi\phi_0} \int_0^\infty dp' \int_{|p-p'|}^{p+p'} dp'' \tilde{\phi}_B(p') \tilde{\phi}_B(p'') \frac{\Delta(p, p', p'')}{p}$$

$$S_E^{(\text{eff})}[\phi_B] = \frac{\pi M^2}{\phi_0} \int dp dp' dp'' \phi_B(p) \tilde{\phi}_B(p') \tilde{\phi}_B(p'') \Delta(p, p', p'')$$

$\Delta(p, p', p'')$  is the area of the triangle with the sides  $p, p'$  and  $p''$ .

1. The environment effect contributes as a  $p^2$ -dependent mass correction.
2. When  $\tilde{\phi}_B$  is exponentially decreasing, when  $p^2$  is large enough.
3. When  $\tilde{\phi}_B$  is larger, the action is larger, which leads to the suppression.

## 5. Environment Effect on Tunneling



### (Case S)

1. When  $m_S$  is smaller, the environment effect becomes larger as expected.
2. When  $m_S > M/2$ , no effects can be seen, which is consistent with the picture that Tunneling is suppressed due to the loss of the coherence.

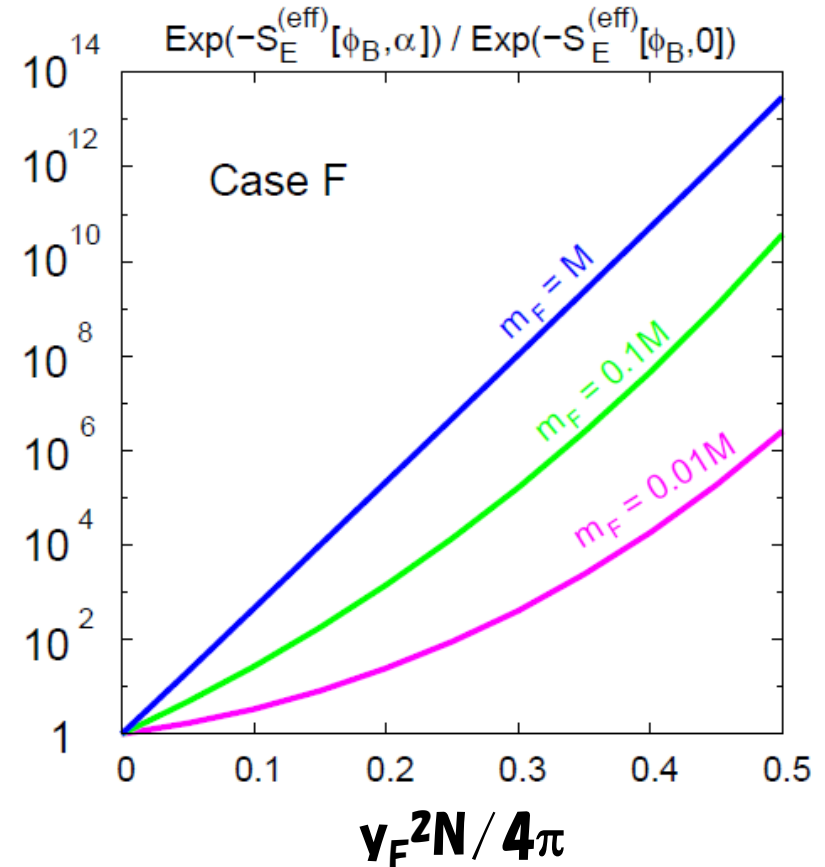
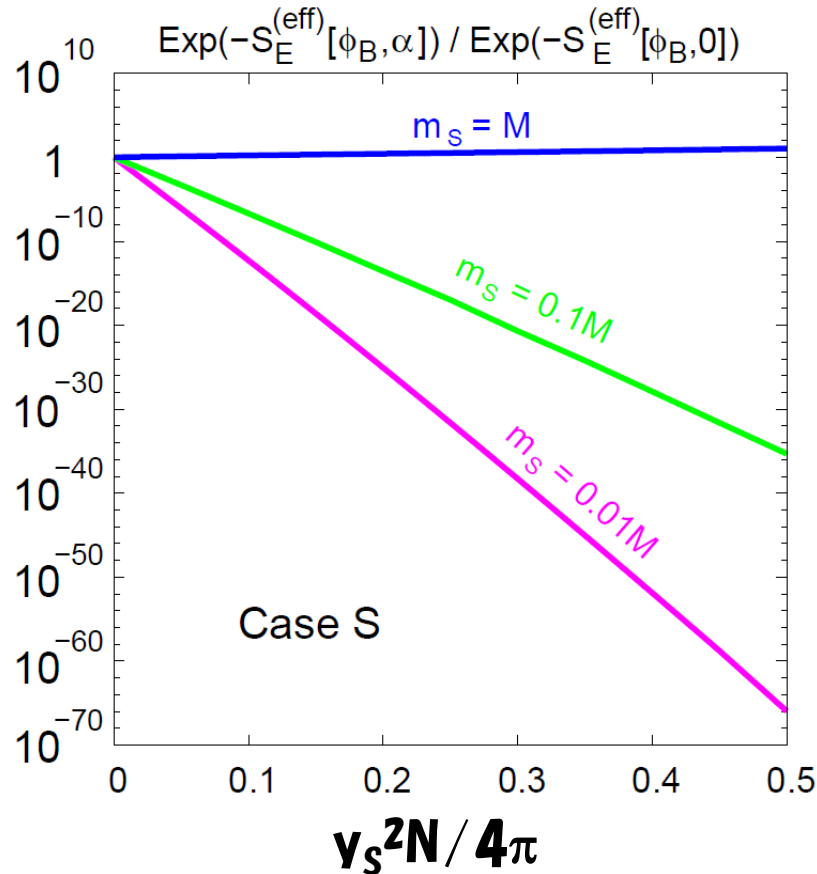
### (Case F)

1. We can find the positive contribution  $m_S$  is smaller  $M/2$ , however it is not so efficient compared to the Case S because of P-wave decays.
2. We can also find the negative contribution, which is coming from the scale dependence of the two point function (anomalous dimension).

$$\tilde{f}(p^2) = (\alpha_F)/(2\pi)p^2[1 - \ln(p^2/M^2)] \quad \Rightarrow \quad p^2 - (\alpha_F)/(2\pi)p^2 \ln(p^2/M^2) \simeq M^2(p/M)^{2-\alpha_F/\pi}$$

## 5. Environment Effect on Tunneling

The ratio of the tunneling rate between  $\alpha = \text{finite}$  and  $\alpha = 0$  cases.



The parameter in the potential  $\phi_0/M$  is fixed so that

$$S_E^{(\text{eff})}[\phi_B(x_E), \alpha = 0] = 400$$



## Summary

- When the order parameter describing the 1<sup>st</sup> order phase transition has interactions with light particles, the tunneling rate will be altered due to the effect of environment which is (usually) not included in the effective potential.
- The origin of the environment effects comes from the loss of the coherence due to the interactions, which suppress the tunneling rate significantly.
- If we consider the scenario on a meta-stable vacuum, it is important to take the effect into account.
- What's happen beyond the semi-classical approximation especially when the coupling is large?
- It may also be important to the first order phase transition in the early universe.